PRIMEGIFTS Activation Sequence - Discovering your Genius

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Your Prime Gifts

Life's Work

Evolution

Radiance

Purpose

HOLOGENETIC PROFILE

One of the premises of IntegralHumanDesign is that each one of us is born with a unique sacred geometry embedded deeply within our being. This geometry can be plotted through the precise timing and placement of your birth in the constantly shifting universe. This same pattern is also holographically encoded in your DNA, forming a distinct personal profile of genetic sequences, each of which refers to a different aspect of your life and your genius. This is your Hologenetic Profile, the original blueprint that tells us central aspects of the gifts that you bring, how you operate, and above all the mystery of your mission.

Each of the Sequences in this Hologenetic Profile offers a possibility to open and unfold specific aspects of your unique being, and to support the awakening to your true nature. In terms of modern physics, each Sequence and the whole Hologenetic Profile is best understood as a dynamic cluster, rather than a static succession. Each cluster is like a web of interlinking nodal points in the multidimensional waves of consciousness.

THE 64 GENE KEYS

Central to understanding your Hologenetic Profile, the 64 Gene Keys are the archetypes of human experience, and a language that unlocks the genetic patterns of your birth. Divided into three levels of consciousness – the Shadow (your challenge), the Gift (your potential) and the Siddhi (your essence), they allow you to access profound insights and revelations into the true nature of your being. The language of the Gene Keys is specifically designed to raise the frequency of your DNA, thereby activating your inherent genius and manifesting the true purpose of your life. Your higher purpose comes about as you continually apply the wisdom contained in your Hologenetic Profile and the Gene Keys to your everyday life.

THE GOLDEN PATH

Your Golden Path is a threefold journey. This evaluation introduces you to the first part of the journey, the Prime Gifts.

The four **Prime Gifts** are the cornerstones, the themes and the challenges of your global role in this lifetime. The path through your Prime Gifts grounds you deeply in yourself and in the physical reality of your body. It is a path that weaves these cornerstones together in their interdependency, interrelatedness and integration. It supports you to fully embody your life's Purpose and to find not only fulfilment and a sense of purpose in this life, but to be deeply grounded in Core Stability in this embodiment.

The **Venus Sequence** is the path of courageous emotional opening and connecting in the relational space. It is a journey of expanding your heart through aligning with your attractor field and releasing your defence patterns. The cascade of this path supports you to let go of the pain of separation, to fully open as love, and to feel into and connect with your Core Vocation.

The **Pearl** is the state or stage of genuine exchange with the universe, of giving and receiving your deepest gifts in synchronicity with the greater whole. This third path guides you to a deep understanding of how you offer your Core Contribution. It supports the growth of our ability to resonate with the



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abundant flow of life and to truly be of service in the world.

PRIME GIFTS ACTIVATION SEQUENCE: DISCOVERING YOUR GENIUS

The first and most fundamental introduction to your Hologenetic Profile comes in the form of your Four Prime Gifts. These are your Life's Work, your Evolution, your Radiance and your Purpose. Taken together, the Prime Gifts capture the essence of your life's cornerstones. They guide you into the field of your genius, where you can discover the true purpose and contribution of your life.

Calculated from the position of the sun at the time of your birth, your Prime Gifts Sequence, also called the Activation Sequence, is the primary genetic sequence in your Hologenetic Profile. Furthermore it is the bridge between your overall Design - described in your Integral Human Design **BODY**GRAPH Evaluation - and the transformative journey to your essence we call the GOLDENPATH. The Activation Sequence pinpoints and connects the Four Prime Gifts which form the vibratory field of your genius. It is an invitation to ground yourself in the most physical aspects of your personal path, and it sketches the fundamental mythical journey that is your life.

Opening your awareness for the cornerstones of your journey, following the flow of the sacred geometry, and applying the laws of frequency is what activates this sequence. It is the starting point for your attunement to the various frequencies in your imprint. By deeply understanding and embracing the Shadow aspects of these four Gene Keys in your own life you will activate their higher frequencies and catalyse a mutation to take place deep within your body, mind and soul. By sustained contemplation on the frequencies of your Prime Gifts, you may witness a complete transformation in your life as you unlock the true genius inside you.

Your Life's Work: This aspect of your Profile and its relevant Gene Key highlights the ideal arena of your external work in the world. This is the role that most suits your creative expression and that allows you the full freedom to be yourself without compromise. The Shadow of this Gene Key describes what tends to occur around you when you lose touch with your true self. At the other end of the spectrum, the Siddhi or highest potential of this Gene Key describes you living at the absolute zenith of your genetic potential.

Your Evolution: In direct opposition to your Life's Work, your Evolution represents the single greatest challenge in your life. The purpose of this Gene Key is to inspire you to grow, mature and eventually flourish. The challenge of your Evolution will manifest both internally and externally through its Shadow frequency. As you learn to embrace this aspect of yourself your life will gradually be transformed. The highest purpose of your Evolution is to allow you to transcend your own suffering, and ultimately find deep and lasting peace.

Your Radiance: Your Radiance has a direct bearing on your physical, emotional and mental health. As one of your hidden Gifts, this Gene Key will either undermine your health and well-being through its Shadow frequency or bring great love and vitality to you through its Gift. The Radiance also has an indirect relationship to your Evolution. The more you listen to and learn from the lessons of your life, the more radiant you become. At its very highest level, your Radiance represents the final flowering of your highest mystical potential.

Your Purpose: Your other hidden Gift, your Purpose, lies hidden deep within your DNA. When you trust in your highest dreams and have the courage to manifest them through your Life's Work, your Purpose begins to nourish you from deep within your being. When you ignite the Gift of this Gene Key, then you activate the forces of synchronicity and grace in your outer life. Your Purpose is all laid out for you already, and all you have to do is unlock it. This can only occur as you embrace your own inner nobility and express it through selfless service and unconditional love.

The Activation Sequence follows a series of three leaps in awareness that unfold in your life as you activate the higher purpose within your DNA. These inner realisations are called your Challenge, your Breakthrough and your Core Stability.

PERSONAL PRIME GIFTS PROFILE

On the next two pages you will find your Hologenetic Profile with your four Prime Gifts. Each of these four numbers relates to a Gene Key that was activated at the time of your birth and that deeply governs your life and destiny. The second number after the point refers to another level of knowledge known as the 'line variation', which gives you a key for grounding yourself more fully in these cornerstones of your journey.

THE PRIME GIFTS

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Essence, Siddhi = blue text

Potenital, Gift = green text

Shadow = red text

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PRIME GIFTS

OUTER GIFTS

○ 39.5 As your Life's Work

With this Gift representing your Life's Work, you are a living dynamo of creative, initiating energy. Your true role in life is to catalyse stagnant situations and to shift blockages wherever you meet them. You have an endless drive to move and create, so you need very clear channels in life into which you can pour your dynamism. At the highest level, you are here to free yourself from your own conditioning and to push others beyond themselves in this respect. Your natural energy requires a very physical lifestyle, so it will be essential for you to spend a lot of time outdoors, and at the very least, you need to confront challenges that test your limits on a daily basis.

🕀 38.5 As your Evolution

You really can be your own worst enemy, and by the same token, you can be your own best friend. The former occurs whenever you get caught up in taking things personally. Your life is not about being self-obsessed – your real purpose is to serve something higher than yourself. Its quite easy for you to get locked into a frequency where you seem to be struggling with something or someone outside yourself. However, there is no such thing for you. It is always yourself that you are struggling with, and the moment you realise this, you will begin to break the pattern and the answers you seek will suddenly appear. Your Evolution provides a diagnostic tool to show you how aligned you are to your Life's Work, and ultimately also your Radiance and Hidden Purpose. If you are either struggling or feeling a sense of listlessness, then you have somehow gone adrift. It is up to you and only you to pull yourself back on track.

An important key for grounding yourself in your Life's Work and Evolution is to deeply trust your 'savvy', i.e. pragmatic wisdom, realistic ideas, solutions and perceptions which dissolve delusions, are communicated clearly and constitute far-reaching and beneficial contributions.

INNER GIFTS

• 51.1 As your Radiance

More than anything else in life, you need excitement to keep you alive. The more you follow your own way, the healthier and more radiant you become. Likewise, the more you allow others to coerce you into conforming, the more angry or dejected you will become. Everything about you is original, so don't copy anyone else. You are a creative being with a love of the unknown, which means that fear should never be something that worries you. Fear for you is always something that must be confronted and absorbed and then it will never get in your way. If you have the courage to live your own unique life without compromise, you will create powerful waves everywhere you go. Your very presence will be an empowerment to others. The words that come out of your mouth can never belong to someone else, the things that you do in life can never imitate another. The environment you live in should reflect your inner world and may be startling to others, but that is who you are. You are one of a kind.

🕂 57.1 As your Purpose

- You are someone who is here to bring something very special into the world – the spirit of surrender and softness. You are here to demonstrate the incredible sharpness and clarity that lies in yielding. The more gently you approach life, the more opportunities and avenues open up before you. It really is an incredible discovery you are here to make. It is the absolute opposite of the way in which the world conditions us to think and you are the one who can demonstrate this power of giving, yielding, softening and waiting. Within these words lies decisive power that will only act at exactly the right moment. There is nothing and no one that this gentle spirit inside you cannot bring to their knees, given enough time and patience. You are the one that sees beyond the material plane, whose intuitive gift can penetrate people's hearts and minds. Your gift is not to flaunt but to use to bring greater and greater synthesis and clarity into the world.

An important key for grounding yourself in your Radiance and Purpose is to fully embody your immersion in a learning process with all senses which gives you a solid inner security, acquired in a personal process of introspection and creative research, in order to be well prepared and feel a strong foundation inside.

THE PRIME GIFTS

Frida Kahlo

ABOUT THE PRIME GIFTS PROFILE

The holographic view of the Prime Gifts presented in this profile came through our beloved fellow traveller Richard Rudd (author of the book *Gene Keys: Unlocking the Higher Purpose Hidden in Your DNA*). This current offering of the Prime Gifts is based on Richard Rudd's writings and represents a collaborative labour of love for Laura Bluma-Pitzal and Werner Pitzal.

This profile is an introduction and an overview. It contains key phrases and words which provide a starting point for in-depth contemplation and dialogue, as well as an insight into the abundance and the depth of the themes and states involved, but can be deeply misunderstood without an appropriate context. They are by no means a complete description of the processes involved. In this sense the profile can never replace the personal exchange available in transparent personal contact with an experienced and supportive professional guide.

Visit our website to learn about the offerings we have created to support you in your exploration: http://www.integralhumandesign.net

If you want to explore into the field of your genius with professional support, we recommend to schedule a personal Prime Gifts session. We call this also the 'Activation' session, and it is a perfect place to begin the journey into your Essence. To book your personal Activation Session, or for further guidance along the Golden Path please email us: office@integralhumandesign.net

If you are drawn to explore your full Golden Path, and find out about 'Opening Your Heart into Connectedness' and 'Releasing your Prosperity in Authentic Contribution', you are welcome to refer to the more comprehensive GOLDENPATH Evaluation. If you want to explore the overall image of your imprint, please have a look at your BODYGRAPH Evaluation. Order more of these PRIMEGIFTS Profiles, a BODYGRAPH Evaluation, or a GOLDENPATH Evaluation here: <u>http://www.integralhumandesign.net/shop/evaluations</u>