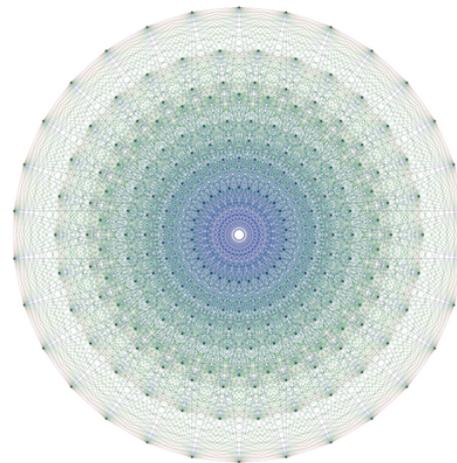


PRIMEGIFTS Activation Sequence - Discovering your Genius

Fr, 23. September 1938 21:45:00 MET (01h 00E)

Romy Schneider

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Your Prime Gifts

Life's Work

Evolution

Radiance

Purpose

HOLOGENETIC PROFILE

One of the premises of IntegralHumanDesign is that each one of us is born with a unique sacred geometry embedded deeply within our being. This geometry can be plotted through the precise timing and placement of your birth in the constantly shifting universe. This same pattern is also holographically encoded in your DNA, forming a distinct personal profile of genetic sequences, each of which refers to a different aspect of your life and your genius. This is your Hologenic Profile, the original blueprint that tells us central aspects of the gifts that you bring, how you operate, and above all the mystery of your mission.

Each of the Sequences in this Hologenic Profile offers a possibility to open and unfold specific aspects of your unique being, and to support the awakening to your true nature. In terms of modern physics, each Sequence and the whole Hologenic Profile is best understood as a dynamic cluster, rather than a static succession. Each cluster is like a web of interlinking nodal points in the multidimensional waves of consciousness.

THE 64 GENE KEYS

Central to understanding your Hologenic Profile, the 64 Gene Keys are the archetypes of human experience, and a language that unlocks the genetic patterns of your birth. Divided into three levels of consciousness – the Shadow (your challenge), the Gift (your potential) and the Siddhi (your essence), they allow you to access profound insights and revelations into the true nature of your being. The language of the Gene Keys is specifically designed to raise the frequency of your DNA, thereby activating your inherent genius and manifesting the true purpose of your life. Your higher purpose comes about as you continually apply the wisdom contained in your Hologenic Profile and the Gene Keys to your everyday life.

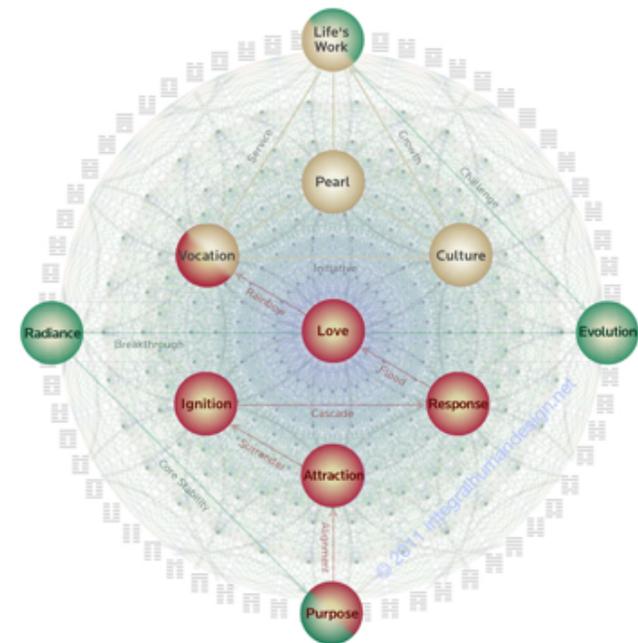
THE GOLDEN PATH

Your Golden Path is a threefold journey. This evaluation introduces you to the first part of the journey, the Prime Gifts.

The four **Prime Gifts** are the cornerstones, the themes and the challenges of your global role in this lifetime. The path through your Prime Gifts grounds you deeply in yourself and in the physical reality of your body. It is a path that weaves these cornerstones together in their interdependency, interrelatedness and integration. It supports you to fully embody your life's Purpose and to find not only fulfilment and a sense of purpose in this life, but to be deeply grounded in Core Stability in this embodiment.

The **Venus Sequence** is the path of courageous emotional opening and connecting in the relational space. It is a journey of expanding your heart through aligning with your attractor field and releasing your defence patterns. The cascade of this path supports you to let go of the pain of separation, to fully open as love, and to feel into and connect with your Core Vocation.

The **Pearl** is the state or stage of genuine exchange with the universe, of giving and receiving your deepest gifts in synchronicity with the greater whole. This third path guides you to a deep understanding of how you offer your Core Contribution. It supports the growth of our ability to resonate with the abundant flow of life and to truly be of service in the world.



PRIME GIFTS ACTIVATION SEQUENCE: DISCOVERING YOUR GENIUS

The first and most fundamental introduction to your Hologenic Profile comes in the form of your Four Prime Gifts. These are your Life's Work, your Evolution, your Radiance and your Purpose. Taken together, the Prime Gifts capture the essence of your life's cornerstones. They guide you into the field of your genius, where you can discover the true purpose and contribution of your life.

Calculated from the position of the sun at the time of your birth, your Prime Gifts Sequence, also called the Activation Sequence, is the primary genetic sequence in your Hologenic Profile. Furthermore it is the bridge between your overall Design - described in your Integral Human Design **BODYGRAPH** Evaluation - and the transformative journey to your essence we call the **GOLDENPATH**. The Activation Sequence pinpoints and connects the Four Prime Gifts which form the vibratory field of your genius. It is an invitation to ground yourself in the most physical aspects of your personal path, and it sketches the fundamental mythical journey that is your life.

Opening your awareness for the cornerstones of your journey, following the flow of the sacred geometry, and applying the laws of frequency is what activates this sequence. It is the starting point for your attunement to the various frequencies in your imprint. By deeply understanding and embracing the Shadow aspects of these four Gene Keys in your own life you will activate their higher frequencies and catalyse a mutation to take place deep within your body, mind and soul. By sustained contemplation on the frequencies of your Prime Gifts, you may witness a complete transformation in your life as you unlock the true genius inside you.

Your Life's Work: This aspect of your Profile and its relevant Gene Key highlights the ideal arena of your external work in the world. This is the role that most suits your creative expression and that allows you the full freedom to be yourself without compromise. The Shadow of this Gene Key describes what tends to occur around you when you lose touch with your true self. At the other end of the spectrum, the Siddhi or highest potential of this Gene Key describes you living at the absolute zenith of your genetic potential.

Your Evolution: In direct opposition to your Life's Work, your Evolution represents the single greatest challenge in your life. The purpose of this Gene Key is to inspire you to grow, mature and eventually flourish. The challenge of your Evolution will manifest both internally and externally through its Shadow frequency. As you learn to embrace this aspect of yourself your life will gradually be transformed. The highest purpose of your Evolution is to allow you to transcend your own suffering, and ultimately find deep and lasting peace.

Your Radiance: Your Radiance has a direct bearing on your physical, emotional and mental health. As one of your hidden Gifts, this Gene Key will either undermine your health and well-being through its Shadow frequency or bring great love and vitality to you through its Gift. The Radiance also has an indirect relationship to your Evolution. The more you listen to and learn from the lessons of your life, the more radiant you become. At its very highest level, your Radiance represents the final flowering of your highest mystical potential.

Your Purpose: Your other hidden Gift, your Purpose, lies hidden deep within your DNA. When you trust in your highest dreams and have the courage to manifest them through your Life's Work, your Purpose begins to nourish you from deep within your being. When you ignite the Gift of this Gene Key, then you activate the forces of synchronicity and grace in your outer life. Your Purpose is all laid out for you already, and all you have to do is unlock it. This can only occur as you embrace your own inner nobility and express it through selfless service and unconditional love.

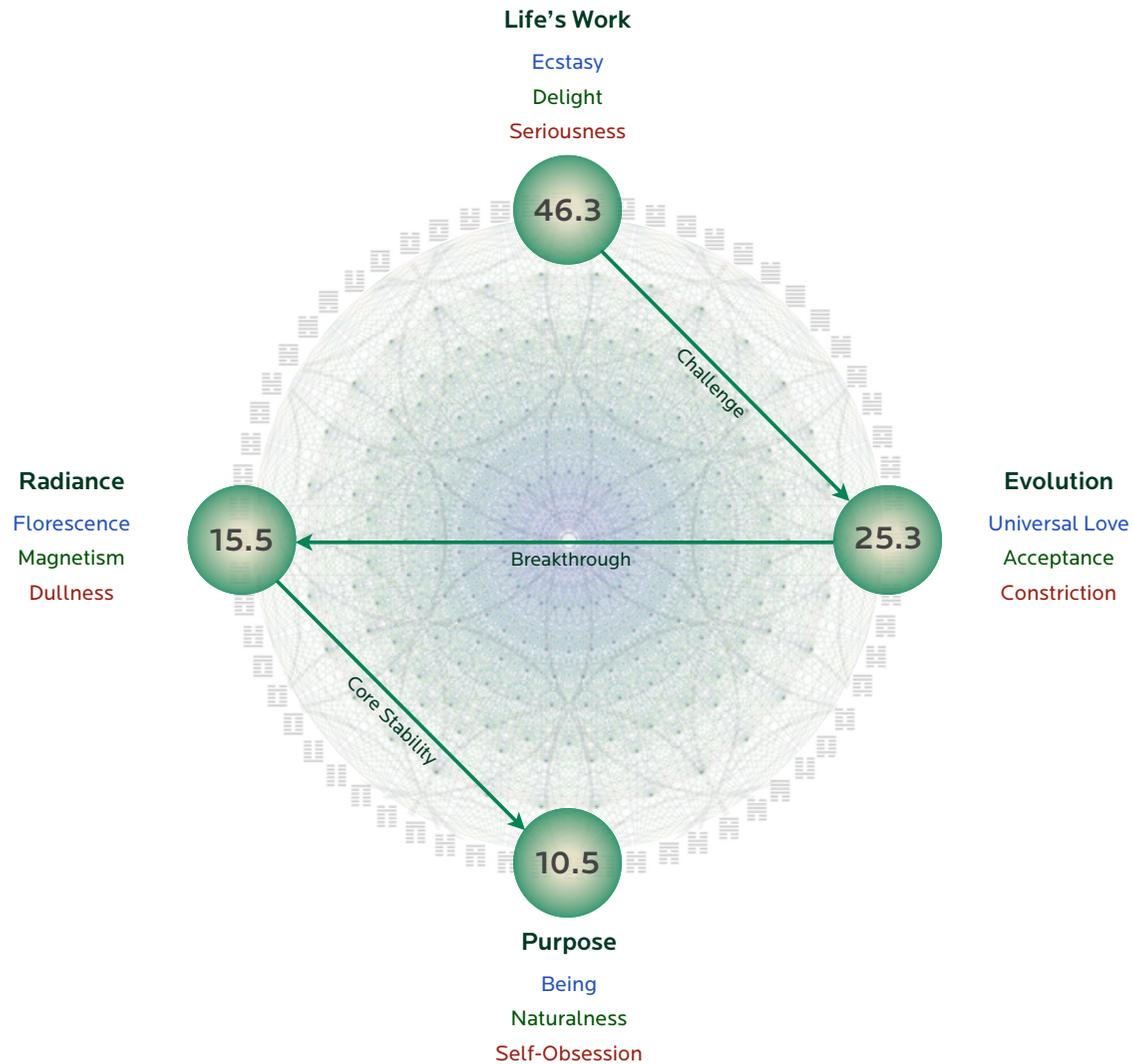
The Activation Sequence follows a series of three leaps in awareness that unfold in your life as you activate the higher purpose within your DNA. These inner realisations are called your Challenge, your Breakthrough and your Core Stability.

PERSONAL PRIME GIFTS PROFILE

On the next two pages you will find your Hologenic Profile with your four Prime Gifts. Each of these four numbers relates to a Gene Key that was activated at the time of your birth and that deeply governs your life and destiny. The second number after the point refers to another level of knowledge known as the 'line variation', which gives you a key for grounding yourself more fully in these cornerstones of your journey.

THE PRIME GIFTS

Romy Schneider



Essence, Siddhi = blue text

Potenital, Gift = green text

Shadow = red text

PRIME GIFTS**THE PRIME GIFTS**

OUTER GIFTS

Romy Schneider⊙ **46.3 As your Life's Work**

Your outer reason for being alive is all based upon your ability to enjoy the journey of life rather than the destination. You are the kind of person that may try many different experiences in life, and it is the variety of these experiences and the way you flow through them that determine how successful your life will be. Success and failure are important issues in your life, and you have to see that they are only concepts related entirely to your attitude. You cannot fail if you make life your goal. The activities that you become involved in may also have a strong emphasis on physicality. Neither are you here to live alone in isolation. You are such a rich being on so many levels, and this above all, must be shared with those who love you.

⊕ **25.3 As your Evolution**

Being a lover of all things sensual, you will from time to time find yourself in intense relationship situations over the course of your life. It is here that the 25th Gift will hold you in good stead. This is the Gift you have of releasing your attachment to things and people through connecting to a higher purpose behind all life. Since you love to dive deep into life, this Gift is your counterbalance, always reminding you that every situation is perfect as it is. By accepting and allowing nature to follow its natural course, you will activate the higher frequencies within your genetics, finding the true state of acceptance and love right within you. It is only when you forget to accept others that you become entangled in life's dramas and suffering. Therefore you should always remember this quiet, loving spirit within you that has always been there and can always be called upon.

An important key for grounding yourself in your Life's Work and Evolution is to deeply trust your potency to move through life resolutely and freely, to explore experiences, make discoveries, and give space to your inner qualities of playful lightness, adventurous love of life, humorous vitality, and flexibility.

INNER GIFTS

⊙ **15.5 As your Radiance**

Your health is dependent on the amount of love you feel for other human beings. This is especially true for your family situation. No matter how challenging your family circumstances may or may not be, these are the relationships that determine your physical well-being and general energy levels. One of your greatest gifts lies hidden in your unconscious. This means that you may not even recognise it. It is your capacity to accept any type of human behaviour – no matter how unjust or unloving. This inherent capacity draws many diverse types of people and situations into your life. Your epitaph may end up reading: 'There was never a dull moment in their life!' Your role is not so much as to understand where your life is leading you, but to respond to its rhythms as you go along, accepting what comes, and knowing that everything always changes, following a deeper rhythm than we can intellectually understand. This truth resonates deeply inside of you, and if you rest in it, you will become radiant and peaceful, no matter what occurs to you or those dearest to you.

⊕ **10.5 As your Purpose**

The purpose of your life is to learn to be at ease in the world – both with yourself and with others. You will find that whenever you feel truly relaxed, then you have no other purpose other than doing what you are doing right now. In the overall scheme of things, your life will very likely follow a pattern in which you find and lose something important, but in the losing of it, you will find something even more important – your own centre. Once you have truly found this centre within you, all of life becomes a dance for you. You become as stable as the sun and as life-loving a being as anyone alive. Where others may follow what seem like predetermined courses in life with strong missions to fulfil, your destiny is far less fixed. You are here to play and create and love the moment for what it brings. You are one of those rarest of beings – an eternal child.

An important key for grounding yourself in your Radiance and Purpose is to fully embody your 'savvy', i.e. pragmatic wisdom, realistic ideas, solutions and perceptions which dissolve delusions, are communicated clearly and constitute far-reaching and beneficial contributions.

ABOUT THE PRIME GIFTS PROFILE

The holographic view of the Prime Gifts presented in this profile came through our beloved fellow traveller Richard Rudd (author of the book *Gene Keys: Unlocking the Higher Purpose Hidden in Your DNA*). This current offering of the Prime Gifts is based on Richard Rudd's writings and represents a collaborative labour of love for Laura Bluma-Pitzal and Werner Pitzal.

This profile is an introduction and an overview. It contains key phrases and words which provide a starting point for in-depth contemplation and dialogue, as well as an insight into the abundance and the depth of the themes and states involved, but can be deeply misunderstood without an appropriate context. They are by no means a complete description of the processes involved. In this sense the profile can never replace the personal exchange available in transparent personal contact with an experienced and supportive professional guide.

Visit our website to learn about the offerings we have created to support you in your exploration: <http://www.integralhumandesign.net>

If you want to explore into the field of your genius with professional support, we recommend to schedule a personal Prime Gifts session. We call this also the 'Activation' session, and it is a perfect place to begin the journey into your Essence. To book your personal Activation Session, or for further guidance along the Golden Path please email us: office@integralhumandesign.net

If you are drawn to explore your full Golden Path, and find out about 'Opening Your Heart into Connectedness' and 'Releasing your Prosperity in Authentic Contribution', you are welcome to refer to the more comprehensive GOLDENPATH Evaluation. If you want to explore the overall image of your imprint, please have a look at your BODYGRAPH Evaluation. Order more of these PRIMEGIFTS Profiles, a BODYGRAPH Evaluation, or a GOLDENPATH Evaluation here: <http://www.integralhumandesign.net/shop/evaluations>